

# High School Lunch Menu

FEBRUARY – JULY

(Option 2s)



Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?



**WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Cheese & Bean Loaded Wedges (v) Homemade Slaw (v) Mixed Salad (v)	Traditional Beef Lasagne Garlic Bread Slice (v) Mixed Salad (vg)	Crispy Nacho Chicken Tomato Sala Dip (V) Seasoned Wedges (vg)	All Day Breakfast (Pork Sausage, Hash Brown, Pit Beans, Omelette)	Battered Fish Fillet  Chips (vg) Mushy Peas (v)
Vegetarian/ Vegan	Plant Based Cheeseburger (v) Seasoned Wedges (v) Mixed Salad (vg)	Traditional Vegetable Lasagne (v) Garlic Bread Slice (v) Mixed Salad (vg)	Quorn Katsu Curry (v)  Steamed Rice (v)	All Day Breakfast (v) (Quorn Sausage, Hash Brown, Pit Beans, Omelette)	Ramen Noodle & Vegetable Soup (v)  Focaccia Bread Slice (v)
Halal Option (if required)	Choice of Above (v)	Traditional Beef Lasagne Garlic Bread Slice (v) Mixed Salad (vg)	Crispy Nacho Chicken Tomato Sala Dip (V) Seasoned Wedges (vg)	All Day Breakfast (Chicken Sausage, Hash Brown, Pit Beans, Omelette)	Choice of Above

Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.

Dessert	Frozen Yoghurt or Fruit Pot	Ginger & Pear Cake & Custard (v)	Lemon Drizzle Cake (v)	Fruity Flapjack (v)	Shortbread Biscuit (v)
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WEEK 1	WEEK 2	WEEK 3
23 Feb 26	02 Mar 26	09 Mar 26
16 Mar 26	23 Mar 26	30 Mar 26
20 April 26	27 April 26	04 May 26
11 May 26	18 May 26	01 June 26
08 June 26	15 June 26	22 June 26
29 June 26	06 July 26	13 July 26

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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**WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Oven Baked Mac & Cheese (v) Focaccia Bread Slice (v) Mixed Salad (vg)	Shredded Chicken Taco Skin On Wedges (v) Mixed Salad (vg)	Classic Corned Beef Hotpot Diced Oven Potatoes (v)	Spicy Sausage Jambalaya Garlic Bread Slice (v)	Breaded Fishcake Chips (vg) Mixed Salad (vg)
Vegetarian/ Vegan	Mediterranean Tomato & Halloumi Bake (v) Diced Oven Potatoes (v)	Cheese & Tomato Tortilla Wedge (v) Skin On Wedges (v) Mixed Salad (vg)	Rich Vegetable Ragu with Penne Pasta (v) Focaccia Bread Slice (v)	Vegetable Jambalaya (v) Garlic Bread Slice (v)	Cheese & Broccoli Flan (v) Chips (vg) Mixed Salad (vg)
Halal Option (if required)	Choice of Above (v)	Shredded Chicken Taco Skin On Wedges (v) Mixed Salad (vg)	Rich Vegetable Ragu with Penne Pasta (v) Focaccia Bread Slice (v)	Vegetable Jambalaya (v) Garlic Bread Slice (v)	Choice of Above
<p><b>Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.</b></p>					
Dessert	Frozen Yoghurt or Fruit Pot (v)	Trifle (v)	Mandarin & Vanilla Cheesecake (v)	Jam Sponge with Custard (v)	Lemon Curd Muffin (v)

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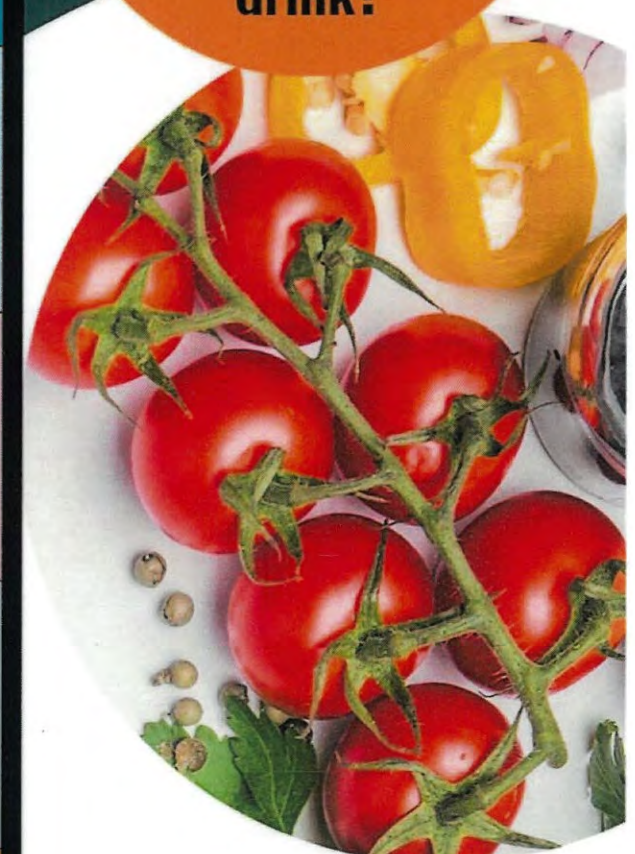
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**WEEK 3**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Sizzling Pork Sausage Creamed Potatoes (v)	Tandoori Chicken Kebab Flat Bread (v) Mixed Salad (vg)	Mexican Vegetable Burrito (v) Roasted Garlic Potatoes (v)	Chicken & Vegetable Pie Roasted Potatoes (v)	Crispy Fish Finger or Salmon Bite Wrap Tartare Sauce (v) Mixed Salad (vg)
Vegetarian/ Vegan	Sizzling Quorn Sausage (vg) Creamed Potatoes (v)	Tandoori Quorn Kebab (v) Flat Bread (v) Mixed Salad (vg)	Crushed Chickpea & Sweetcorn Mayo Wrap (vg) Roasted Garlic Potatoes (v)	Vegetable Noodle Pot (v) Garlic Bread Slice	Mexican Stuffed Peppers (v) Chips (vg)
Halal Option (if required)	Sizzling Chicken Sausage Creamed Potatoes (v)	Tandoori Chicken Kebab Flat Bread (v) Mixed Salad (vg)	Choice of Above (v)	Chicken & Vegetable Pie Roasted Potatoes (v)	Choice of Above

Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.

Dessert	Chocolate Brownie (v)	Strawberry Mousse (v)	Mixed Berry Crumble Muffin (v)	Fruit Medley (v)	Toffee Cake with Ice Cream (v)
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