

**SUBJECT Curriculum Overview PE**

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>7 (in)</b>	Fitness – Preparing the body for exercise and recovery	Table Tennis	Dance (with Dance City Trip) - A celebration of sport	Floor gymnastics	Roundnet (out)	Leadership
<b>7 (out)</b>	Team Building and basic skills	Football	Netball	Basketball	Orienteering	Rugby (with Falcons trip)
<b>7 Theme</b>	<b>Expectations, Standards and Basic Skills</b>	<b>A well-rounded sporting performer</b>	<b>Resilience</b>	<b>Teamwork</b>	<b>Communication and Problem Solving</b>	<b>Leadership</b>
<b>8 (in)</b>	Fitness - Components of fitness 1	Table Tennis	Dance - Conflict	Benchball and supporting roles in sport	Roundnet (out)	Badminton (out)
<b>8 (out)</b>	Rugby	Football	Netball	Basketball (with Eagles Trip)	Handball	Striking and fielding
<b>8 Theme</b>	<b>Fitness (components)</b>	<b>Leading</b>	<b>Desire to improve</b>	<b>Technique</b>	<b>Evaluation of performance</b>	<b>Strategies to overcome opponents</b>
<b>9 (in)</b>	Fitness - Components of fitness 2	Table Tennis	Dance	Dodgeball	Disability Sports	Volleyball (out)

<b>9 (out)</b>	Rugby	Football	Netball	Basketball	Tchoukball	Striking and fielding
<b>9 Theme</b>	<b>Fitness (components 2)</b>	<b>Coaching</b>	<b>Commitment</b>	<b>Respect</b>	<b>Accessibility of sport</b>	<b>Decision Making</b>